

## New Client Questionnaire

Please answer the following questions. There are no right or wrong answers. Some of the questions capture information about where you are today. Other questions will make you curious about what you want from sessions, from your career, and from your life in general. Your answers will help us set a strong foundation for the consulting/coaching relationship.

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Work Telephone: \_\_\_\_\_

Fax Number: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Who referred you? \_\_\_\_\_

Their address? \_\_\_\_\_

I have a referral reward program for people who have sent referrals (I give a \$25 gift card). Can I send them a thank you and a gift card? \_\_\_\_\_  
(None of your personal information will be shared.)

1. What do you want to work on in coaching? \_\_\_\_\_

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2. How do you want me to be as your coach?

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3. What do you want to be certain to obtain from the coaching relationship?

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4. What two steps could you take immediately that would help you move forward?

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5. What can I say to you when you are stuck that will help you move forward?

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6. What changes need to be made within yourself, or your life, to help your coaching be successful?

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## **CAREER**

1. What do you want from your career?

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2. What projects are you involved with?

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3. What are your key career goals?

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4. What skills or knowledge are you developing?

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5. How do your career goals support your personal goals?

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6. What do you want to do to support your career goals?

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7. What do you need to change to help your career more forward?

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8. What do you feel is your life purpose? \_\_\_\_\_

9. Do you feel your career is part of your life purpose at present? Why or why not?

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## PERSONAL

1. What special interests do you have?

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2. What special knowledge do you have?

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3. What do you believe in strongly?

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4. What do you do when things get stressful?

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5. What activities have special meaning for you?

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6. What vision do you have for your life?

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7. Tell me about your family and personal life:

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8. Do you have a specific spiritual path or belief system? If so, please describe in what ways this helps you in your daily life and personal growth:

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9. Tell me about significant events in your life:

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10. Tell me about any relationship or communication issues that you want to improve?

11. What would look different in your daily life if you learned tools to improve this relationship or communication issue? (How would you know it had improved?)

12. If you had three wishes to change/improve something in your life now, what would you ask for?

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Any other pertinent info: